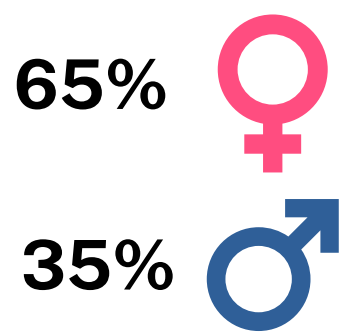


2023 RECONNECT SURVEY RESULTS

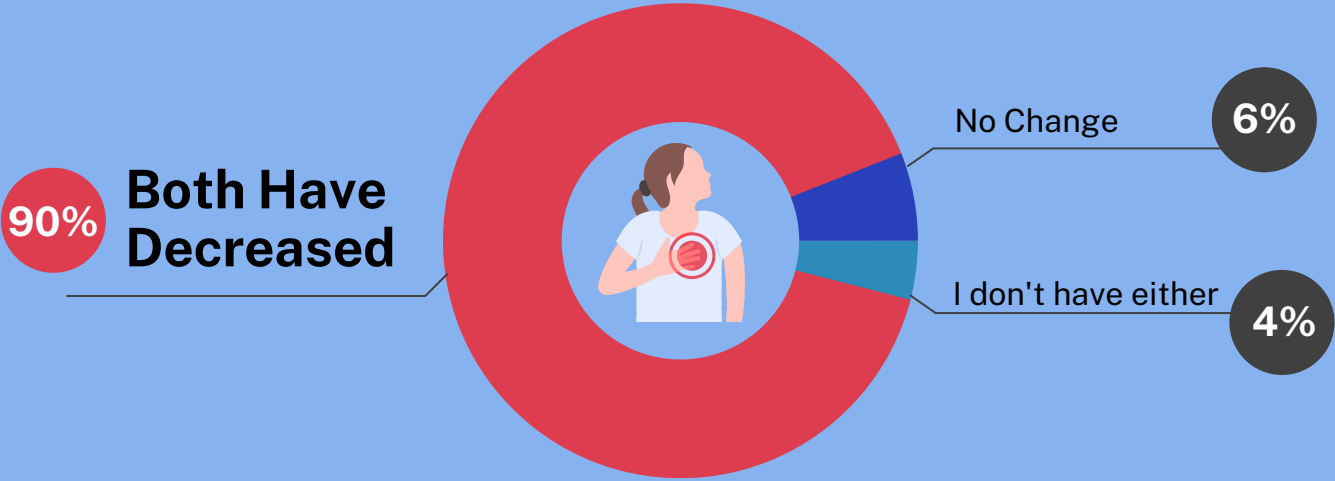
We surveyed our members at random to find out how our sessions have affected their physical and mental health. This is what we found.

DEMOGRAPHICS



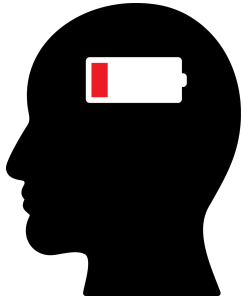
STRESS & ANXIETY

We asked our members if they've experienced any changes in their levels of stress and anxiety since taking our sessions



DEPRESSION

Of the members experiencing symptoms of depression



100%

BEGAN SEEING REDUCTIONS IN SYMPTOMS

BELLY FAT

Many of our members lost belly fat. Most of them were women.



48%

73%
WOMEN

27%
MEN

ENERGY & FOCUS

Members experienced changes to their energy & focus in the following ways



71%

SAW AN INCREASE IN ENERGY LEVELS



77.4%

EXPERIENCED IMPROVED FOCUS

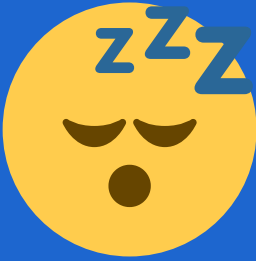
SEX DRIVE & SLEEP

We're getting spicier and sleeping deeper



35.5%

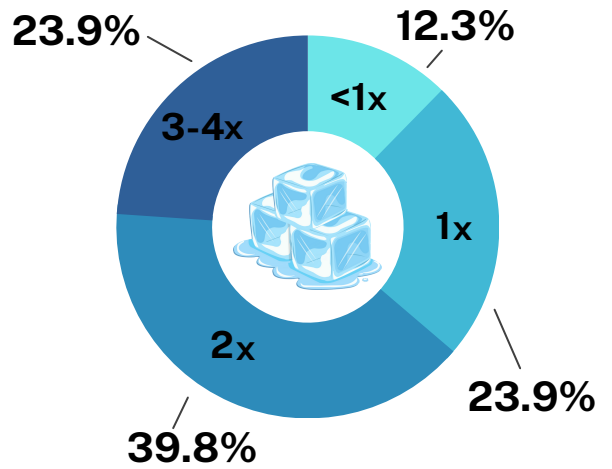
SAW INCREASES IN THEIR SEX DRIVE AND IN THEIR SLEEP



35.5%

CONSISTENCY

The majority of our members take at least 2 plunges per week



TENURE

<1 month **6%**

2-3 months **23%**

1-2 months **23%**

>3 months **48%**

About half of our members have been coming to sessions for more than 3 months